AUGUST 2021

Columbia Academy Preschool





Allergens & Dietary Information B=Beef D=Diary E=Eggs

S=Soy W=Wheat



August is National Panini Month! A panini is a sandwich made on delicious Italian bread, loaded with meat, cheese and veggies and grilled to perfection. Experiment with different toppings to find your perfect panini!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pancakes Turkey Sausage Applesauce DESW	Meatloaf w/ gravy Mashed Potatoes Green Beans Pears BDSW	Chicken Cheesesteak Sub Coleslaw Fruit Cocktail DSW	Turkey BLT wrap w/ Ranch Pasta Salad Peaches DSW	Pizza Cucumber Slices Banana DSW
Chicken Tenders Cauliflower & Broccoli Orange Slices SW	Chicken Taco w/ cheese, lettuce, Corn Tropical Fruit BDSW	Hot-open turkey Sandwich Carrots Peaches DSW	Baked Ziti Fresh Green Beans Apple Slices DESW	BBQ Chicken Drumstick Sweet Potato Tots Mandarin Oranges DESW
Waffles Turkey Sausage Applesauce DESW	Sloppy Joe on a whole wheat bun Carrots Fruit Cocktail DSW	Macaroni & Cheese Mixed Vegetables Pears DSW	Chicken Fajitas w/ Flour Tortilla Black Beans Mandarin Oranges SW	Chicken Patty Sandwich 20 On whole wheat bun Sweet Potato Tots Pineapple DESW
French Toast Turkey Sausage Applesauce DESW	Penne Pasta and Chicken Alfredo Broccoli	Meatball Marinara Sub Mixed Vegetable Mandarin Oranges BDSW	No Camp/No School	No Camp/ No School
Hamburger on whole wheat bun Tatar Tots Orange Slices DESW	Teriyaki Chicken Rice Asian Vegetables Pineapple SW			