



Allergens & Dietary Information

B=Beef **D=Diary** **E=Eggs**
S=Soy **W=Wheat**



August is National Panini Month! A panini is a sandwich made on delicious Italian bread, loaded with meat, cheese and veggies and grilled to perfection. Experiment with different toppings to find your perfect panini!



MONDAY

Pancakes
 Turkey Sausage
 Applesauce

2

DESW

TUESDAY

Meatloaf w/ gravy
 Mashed Potatoes
 Green Beans
 Pears

3

BDSW

WEDNESDAY

Chicken Cheesesteak
 Sub
 Coleslaw
 Fruit Cocktail

4

DSW

THURSDAY

Turkey BLT wrap w/
 Ranch
 Pasta Salad
 Peaches

5

DSW

FRIDAY

Pizza
 Cucumber Slices
 Carrot Sticks
 Banana

6

DSW

Chicken Tenders
 Cauliflower &
 Broccoli
 Orange Slices

9

SW

Chicken Taco w/
 cheese, lettuce,
 Corn
 Tropical Fruit

10

BDSW

Hot-open turkey
 Sandwich
 Carrots
 Peaches

11

DSW

Baked Ziti
 Fresh Green Beans
 Apple Slices

12

DESW

BBQ Chicken Drumstick
 Sweet Potato Tots
 Mandarin Oranges

13

DESW

Waffles
 Turkey Sausage
 Applesauce

16

DESW

Sloppy Joe on a
 whole wheat bun
 Carrots
 Fruit Cocktail

17

DSW

Macaroni & Cheese
 Mixed Vegetables
 Pears

18

DSW

Chicken Fajitas w/
 Flour Tortilla
 Black Beans
 Mandarin Oranges

19

SW

Chicken Patty Sandwich
 On whole wheat bun
 Sweet Potato Tots
 Pineapple

20

DESW

23

No Camp/No School

24

No Camp/No School

25

No Camp/No School

26

No Camp/No School

27

No Camp/ No School

Hamburger on whole
 wheat bun
 Tatar Tots
 Orange Slices

30

DESW

Teriyaki Chicken
 Rice
 Asian Vegetables
 Pineapple

31

SW

